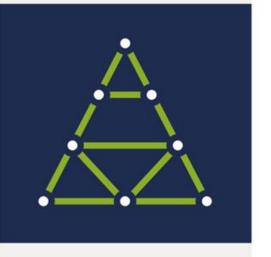
XIII European Mountain Convention Shaping the future of mountain economies 15 - 18 October 2024 | Puigcerdà - Catalonia

















Sotiris Tsoukarelis

Founder and President
The High Mountains Social
Cooperative

Epirus Mountain Labs Network

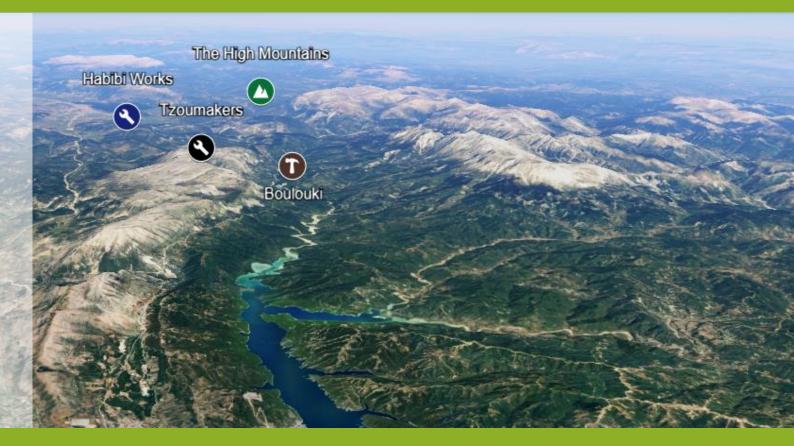
thehighmountains.gr@gmail.com



The Epirus Mountain Labs Network

"Collectively address rural decline and promote sustainable mountain living!"

Four neighboring SSE organizations
repurpose abandoned infrastructure for
community spaces, focusing on opensource agricultural tools, traditional
building techniques, and sustainable
production methods.











The Network







- √ 2 Makerspaces
- ✓ A Centre for research and training on heritage building skills & materials
- √ An Energy Community























of Epirus

TZOUMAKERS



The High Mountains: The Mountain Communities Support Center













About our Cooperative



Founded in 2016 in the mountain village of Demati by a group of people who were driven to create a different way of life in the mountains!



To promote **de-urbanization**, **repopulation**, and **sustainable development** of mountain areas.



To provide **support** and **infrastructure** to:

- people who live, produce, and create in the mountains
- Cultural Associations
- Mountain Municipalities
- people who want to live in mountain villages.









Areas of Action





Enhancing De-urbanisation

Focus on repopulating mountain areas to combat urban migration.



Fostering Solidarity Tourism

Promote volunteerism and interculturalism to enrich tourism experiences and support local communities.



Supporting Mountain Production

Implement a Socially Supported Mountain Production model to boost local economies.



Capacity Building in Social Innovation

Develop business models that encourage social innovation in mountain communities.



Strengthening Social Entrepreneurship

Provide guidance and assistance to enhance social entrepreneurial initiatives.



Networking

Bring together people, institutions, and local authorities of the mountain regions











Tzoumakers: Makerspace for open source agricultural technologies







































































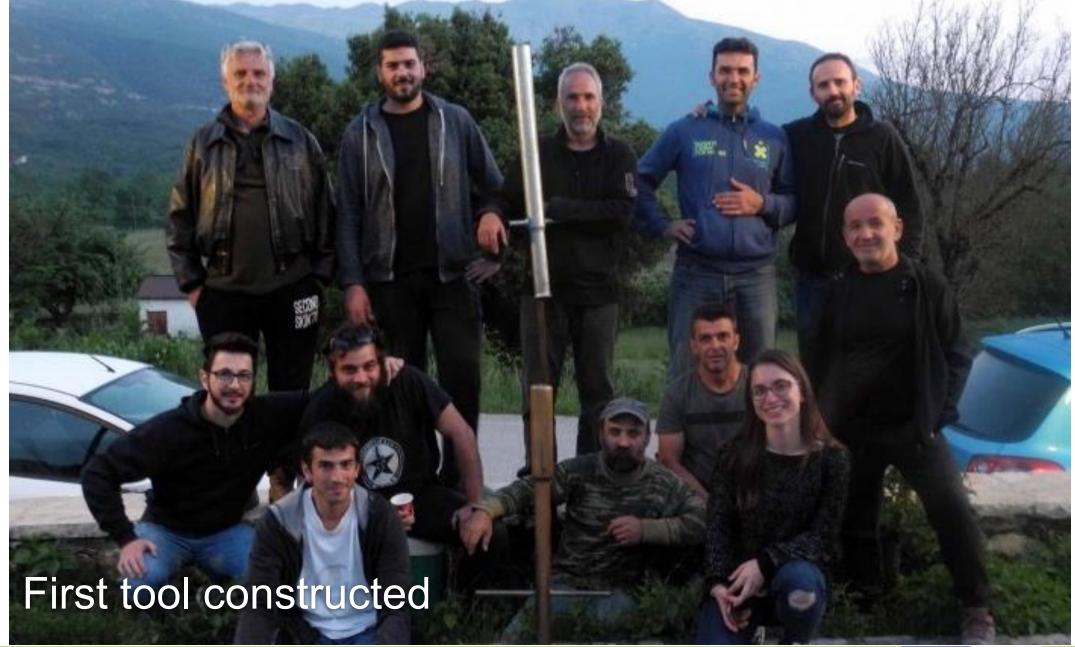














































Habibi.Works: Intercultural Makerspace & Community Space













Working with the refugee community































"Habibi.Works is a space of mutual learning, re- and un-learning.

Constantly evolving, responding and adapting to the needs and wishes brought forward by the communities."











Boulouki: Centre for research and training on heritage building skills & materials



*Traveling companies of stone masons & craftsmen

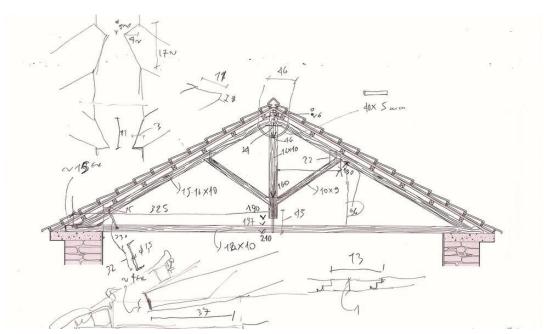




























































CommonEn: The Energy Community

Mountains & Energy Democracy

















The conference of the Global Network *Wind Empowerment* took place in the Epirus region this year, and participants from across the world visited local initiatives to give and take inspiration from. Among those was the *Tzoumakers Makerspace*, where they helped place the wind turbine created by students at our energy summer school three years ago.









Activities Since 2018

Developing Infrastructure and Communities



1

Focus on Infrastructure Development

The initiative has prioritized developing infrastructure around local and global common resources since 2018.

2

Diverse Activities Offered

Activities include summer schools, workshops, seminars, trainings, and cultural events aimed at fostering engagement. 3

Engagement of Diverse Actors

Participants from various backgrounds engage in hands-on projects to contribute creatively. 4

Hands-On Projects

Projects feature sustainable construction and art sessions, encouraging practical involvement.



Collaboration to Address Rural Challenges

Participants collaborate to tackle rural challenges, focusing on innovative solutions. 6

Development of Business Models

Social innovation business models and community projects are developed through collaborative efforts. 7

Support for Counter-Urbanization

Using these labs as centers for population recruitment furthers the initiative's support of counter-urbanization.











Collaborations & Stakeholders

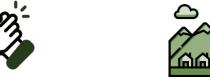
Engaging with Diverse Entities for Community Development















3 Mountain Communities





2 local LAGs (Local Action Groups)



The Region of Epirus

Focus on strategic planning for **smart villages** and **rural** incubators, integrating technology and innovation in community development.



















Key Factors

Transforming Sustainable Mountain Development

- Transferable Model for Sustainable Development
 Fostering sustainable practices through the application of a model adaptable to other mountainous regions.
- Knowledge-Sharing Communities
 Encouraging knowledge exchange and drawing a diverse range of professionals and artists to rural regions.
- Revitalizing Abandoned Villages

 Implementing practical solutions to breathe new life into previously abandoned villages and enhance local engagement.
- Replicable Framework

 Creating a replicable framework for connecting local and global resources, enabling sustainable economic alternatives for growth.

- **Increased Social and Economic Activity**
- Strengthening social and economic activities in areas that were previously depopulated.
- Collaborative Networks

 Transforming mountain economies effectively and creating new opportunities via collaboration.
- Opportunities for Relocation
 Offering new opportunities for individuals considering relocation to these regions.













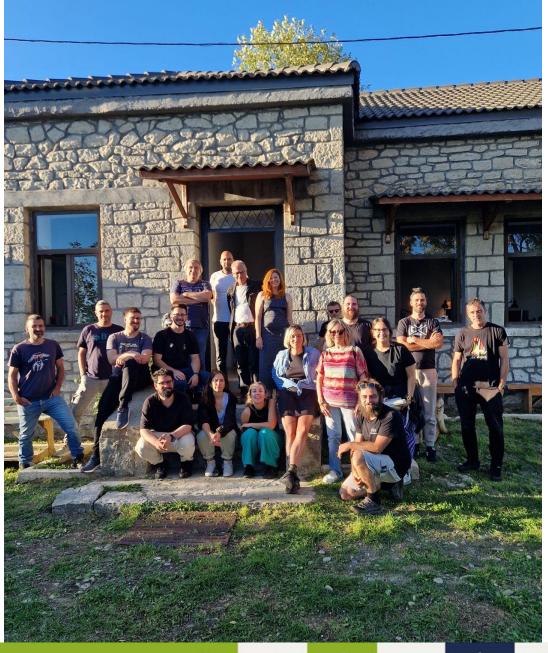




Last but not least...

People, their initiatives & ecosystemic work make mountain communities tick!























Gràcies
Gracias
Thank you
Merci
Ευχαριστώ!











